

Salts Academy Prospectus 2025





Welcome to the Salts Academy

The Salts Academy is a dedicated centre for global learning, providing professionally recognised educational modules, work-shops, study days and other platforms and materials to ensure the very best forum to extend and share expertise and knowledge.

For nurses, by nurses

It is a privilege to have created a special space dedicated to all specialist stoma care nurses, both past and present, who have contributed to this specialism; leading the way, enhancing practice, and raising the profile of specialist nurses in order to better serve individuals living with a stoma.

Only facility of its kind in the UK

Founded in 2012, it is the only facility of its type in the UK. Partnering with De Montfort University and Birmingham City University our modules go up to and include master's level for healthcare professionals specialising in stoma care and paediatric stoma and continence care respectively.

Our learning space has been specifically designed with a lecture theatre, library, and clinical skills room for specialist nurses to visit and further their knowledge, skills and understanding. Plus there are multiple meeting and recreational rooms for nurses to network, exchange ideas and practices plus enjoy time with other professionals.

Our vision

Education for nurses is vital to ensure patients are offered evidence-based care. By offering high quality university accredited modules, as well as a variety of relevant study days, workshops and online materials, we want to empower nurses to engage in on-going professional development.

We believe that by investing in education, tailored to meet the needs of stoma care nurses, we will equip them not just to care for patients today, but to shape the future of tomorrow's healthcare.

We consider that learning by doing is the best key to unlock meaningful, lasting professional and personal growth.

Careers and employability

Healthcare is a hugely dynamic field, and it is so important to keep abreast of the latest developments. The Salts Academy team and modules are at the vanguard of stoma care education, and can support healthcare professionals in progressing their careers and development.

The varied options, levels and platforms will provide multiple options to fit learning around busy work and personal life, while attaining continual professional development hours.

We are committed to creating forums and networking opportunities to exchange the knowledge and expertise vital for career development.

All of our study days, modules and educational events can contribute towards CPD hours and can relate to at least one of the four NMC themes of The Code:

- *Prioritise people*
- *Practise effectively*
- *Preserve safety*
- *Promote professionalism and trust*

Resources for learning

The Salts Academy is a purpose-built centre of academic excellence. Learning is dynamic and multi-layered, and that's why we've created multiple educational resources which include papers, research, and events, specially created to help and support healthcare professionals.

Roadshows - interactive education for ward staff. Helping them learn about and practice the fundamentals in managing a stoma and supporting their patients in the first few days after surgery.

Discover series - a set of stimulating digital study sessions for healthcare professionals working within the specialist sphere of stoma care.

Podcasts - our Discover series podcasts. Thought-provoking discussions and expert insights to inspire and empower you as you move through your stoma nursing career.

National Study Day - informative days of learning for stoma care nurse specialists. Every two years the Salts Academy facilitates a National Study Day, including eminent guest speakers on a variety of topical subjects. In 2019, we focused on the journey of an individual diagnosed with a Colorectal cancer. 2022 explored living with Inflammatory Bowel disease, and in 2024 'Vaguely Weird and Very Wonderful: Exploring the extraordinary and its impact on well-being' was the theme.

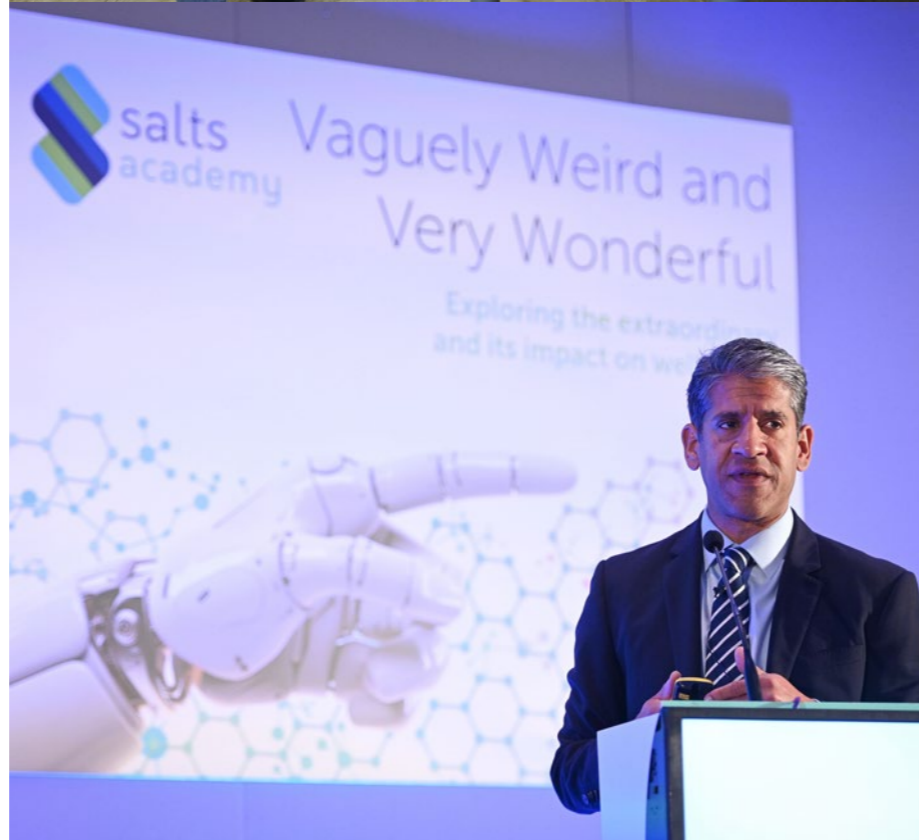
Website - for healthcare professionals who are newly qualified, or others who have little or no experience in the specialist sphere of stoma care and are keen to understand more.

Product resources - within this section you will find a wealth of more detailed information on our products.

Patient support - valuable information and tools to support you in caring for your patients, including downloadable resources designed for use in patient education and teaching.

Clinical posters - download a series of clinical posters which our own nurse team has written on a variety of topics.

For more information visit our website
salts.co.uk/healthcare-professionals



My Professional Perspective

In addition to the inspiring speakers you will meet during our modules and study days, we also have a wide variety of valuable resources to support you with patient care via our My Professional Perspective programme. Created by healthcare professionals, these materials, documents and data give invaluable insights into best practice, managing challenging situations, and also making sure you as a healthcare professional and an individual are supported. Patients have also contributed, to give a 360 degree perspective on care.



The My Professional Perspective series includes academics, nurses and other healthcare professionals sharing their thoughts on important topics.

There is also a series of literature pieces that are available for nurses that focus on both the well-being of the patient but also on the nurse.

These are available via your local Salts Territory Managers.

The My Professional Perspective series is available online here:
salts.co.uk/my-professional-perspective



2025 Master's and Degree Level Education Modules

We have partnered with De Montfort University for over ten years, providing accredited modules leading to qualifications at degree and master's level.

Principles and Practice of Stoma Care Module (Degree and Master's levels)

In collaboration with De Montfort University, this module dives into every facet of adult stoma care, from preparation for surgery to long-term management. With two pathways tailored for those aiming for Level 6 (Degree) or Level 7 (Master's), participants will be supported in crafting engaging oral presentations and written assignments. Hands-on workshops, real-world case studies, and expert-led sessions by well-respected clinicians will elevate your own clinical practice.

This fast-paced, interactive module is designed to develop advanced skills, knowledge and expertise in stoma care. It has been designed to allow nurses working in stoma care to build upon their previous physiological, psychological and social knowledge base. To facilitate the development of professional critical analysis/synthesis, reflective and thinking skills.

PCPH 5020 Level 7 – (30 credits/Master level)

Entry requirements. Applicants are required to:

- Have attained a degree at 2:2 level or above (PCPH 5020 level 7 only)
- Attend all six formal study days as details below
- Deliver a 10 minute presentation to peers
- Produce a 3000 word assignment

PCPH 3020 Level 6 – (30 credits/Degree level)

Entry requirements. Applicants are required to:

- Be postgraduate nurses studying to degree level
- Attend all six formal study days as details below
- Deliver a 10 minute presentation to peers
- Produce a 3000 word assignment

Please note: this module is run in conjunction with De Montfort University and hosted by Salts Healthcare within our Salts Academy in Birmingham. As such we will share your personal details with the university in order to enrol you on the module.

Level 7 Master's learning outcomes:

- Review the anatomy and physiology of the gastrointestinal tract / urinary tract and related organs.
- Apply professional knowledge and skills to critically assess and synthesise the planning, management and evaluation of a holistic patient assessment.
- Critically examine with key themes encompassing principles of care for the patient, who is to undergo the formation of a stoma utilising individualised and appropriate interventions both in hospital and in the community from admission to discharge.
- Critically review and synthesise key issues that relate to the concepts of health, rehabilitation and adaption in the concept of stoma forming surgery including pre, peri, post-operative, rehabilitative management and education of the new ostomist.
- Apply professional knowledge and skills to critically analyse and synthesise physical, social and psychological problems that the ostomist may have including fistulae formation, sexual dysfunction, changes to body image.
- Critically analyse professional issues related to stoma care including the principles of multidisciplinary team work, pharmacological care and current professional nursing agenda.

(The learning outcomes for level 6 are very similar but reflect degree level learning skill.)

Spring module dates:

2nd & 3rd April 2025
14th & 15th May 2025
11th & 12th June 2025

Deadline to apply: Friday 7th February 2025

Autumn module dates:

8th & 9th October 2025
5th & 6th November 2025
3rd & 4th December 2025

Deadline to apply: Friday 7th August 2025

How to apply: Email academy@salts.co.uk to request an application form, giving your name, place of work, contact details and which module you would like to apply for.



2025 Master's and Degree Level Education Courses

We have partnered with Birmingham City University for five years, providing modules leading to qualifications at degree and master's level.

Fundamentals of Children's Stoma Care and Continence Management Module (Degree and Master's levels)

In collaboration with Birmingham City University this unique, accredited module explores caring for a baby and/or child with a stoma or continence issue. The module highlights the distinctive needs of an individual with a stoma as they age from neonate, baby, child through to adolescence, along with exploring the needs of immediate care givers/parents and their role within this journey.

LBR7463 Level 7 – (20 credits/Master level)

Entry requirements. Applicants are required to:

- Be a postgraduate nurse working with children with a stoma
- Have attained a degree at 2:2 level or above
- Complete a 500 word critique of an article
- Attend all six formal study days as details below
- Produce a portfolio of practice-based learning including reflection and a critical analysis

LBR6511 Level 6 – (20 credits/Degree level)

Entry requirements. Applicants are required to:

- Be postgraduate nurses working and have regular access to children
- Attend all six formal study days as details below
- Produce a portfolio of practice-based learning including reflection and a critical analysis

Please note: this course is run in conjunction with Birmingham City University and hosted by Salts Healthcare within our Salts Academy in Birmingham. As such we will share your personal details with the university in order to enrol you on the module.

Small bowel transplantation, ACE, Urodynamics and Mitrofanoff, along with Inflammatory Bowel Disease in childhood are just a few of the specialist topics that will be taught by clinical experts from Birmingham Children's Hospital.

The legal and ethical considerations will be examined, as well as reviewing the special needs of children living with a stoma when they go to school.

Level 7 Master's learning outcomes:

- Critically review and translate current practice guidelines and research to assess the needs of the patient and their family.
- Appraise current practice guidelines and research to critically reflect on your delivery of holistic care.
- Critically evaluate the legal and ethical issues associated with the patient and their family to support them and to meet their specific needs.
- Justify evidence-based resources which support health and well-being and prevent adverse effects for patients, and their families.

(The learning outcomes for level 6 are very similar but reflect degree level learning skill.)

Module dates:

15th, 16th & 17th September 2025
12th, 13th & 14th November 2025

Deadline to apply: Friday 11th July 2025

"Parent and patient perspectives are really interesting and useful to see."

Feedback from November 2023 module

How to apply: Email academy@salts.co.uk to request an application form, giving your name, place of work, contact details and which module you would like to apply for.



2025 Study days and workshops by Salts Academy

We run multiple study days and workshops throughout the year with inspirational guest speakers and engaging content to support nurses in their clinical roles.

Back to Basics study day (CPD Accredited)

Who this day is suitable for:

An extremely popular education event for ward based nurses, HCAs and carers keen to learn more about the basics of providing quality stoma care. Attendees will have the opportunity to learn and practice the fundamentals in managing a stoma and supporting their patients in the first few days after surgery.

This event is also available as a roadshow - please speak to your local Salts Territory Manager for details and dates.

Learning objectives:

• Develop Understanding of Surgical Procedures:

Gain insight into surgical procedures involved in managing colorectal and bladder diseases, including stoma formation.

• **Learn Stoma Creation Process:** Understand how stomas are surgically created and the anatomical considerations involved.

• **Enhance Stoma Care Knowledge:** Build a deeper awareness of how to care for individuals living with a stoma, ensuring optimal support.

• **Increase Confidence in Stoma Management:** Strengthen your confidence in assisting patients with managing their stoma care effectively.

• **Recognise Complications:** Identify potential complications early and know when to seek advice from a Specialist Stoma Care Nurse (SSCN).

• **Cultural Sensitivity in Stoma Care:** Develop an understanding of the cultural factors influencing stoma care, including how cultural beliefs, practices, and values may impact patient care and communication. Learn how to provide culturally competent care that respects the diverse backgrounds of patients.

Date:

Thursday 26th June 2025

Deadline to apply: Thursday 22nd May 2025

Siting workshop (CPD Accredited)

Who this day is suitable for:

This is an interactive workshop for registered nurses who site as part of their clinical role. We emphasise active learning, which provides practical, hands-on experience in stoma siting. The workshop includes practical exercises, case studies, and interactive learning to equip nurses with the skills to confidently site stomas for patients of diverse needs and body types.

Learning objectives:

• Understand the Role of the Specialist Stoma Care Nurse:

Gain a clear understanding of the specialist stoma care nurse's responsibilities in preparing patients for surgical procedures that may result in stoma formation.

• **Importance of Pre-surgical Patient Preparation:** Recognise the significance of thorough patient preparation prior to elective surgery with potential stoma formation.

• **Master Abdominal Assessment:** Learn how to assess the abdomen to determine the optimal stoma site for improved patient outcomes.

• **Patient Advocacy in Stoma Marking:** Develop skills and knowledge to advocate for patients by ensuring accurate marking of the abdomen for temporary or permanent stomas.

• **Consider Lifestyle Factors:** Understand the critical role of discussing lifestyle factors with patients before siting a stoma to tailor care to their individual needs.

• **Understand Legal Implications:** Explore the legal and professional responsibilities and consequences of inadequate patient preparation in stoma formation and care.

Dates:

Thursday 13th March 2025

Deadline to apply: Thursday 6th February 2025

Thursday 20th November 2025

Deadline to apply: Thursday 16th October 2025

Antegrade Continent Enema (ACE) study day

This one day study day focuses on how to care for an individual who is living with a Antegrade Continent Enema (ACE). Exploring some of the challenges faced by some patients and understand the variety of irrigation methods that can help to optimise quality of life for patients living with an ACE.

Learning objectives:

• **Understand the ACE Procedure:** Develop a comprehensive understanding of the Antegrade Continence Enema (ACE) procedure, including surgical formation using the appendix or bowel and its role in managing constipation and faecal leakage.

• **Pre- and Post-operative Care:** Learn the key steps in preparing for and managing post-operative care following an ACE procedure, including wound care and patient recovery.

• **Home-based Irrigation Techniques:** Acquire knowledge on administering ACE irrigation at home, including using catheters, enema solutions, and irrigation bags, to help caregivers support patients effectively.

• **Troubleshooting Complications:** Understand common post-operative and long-term complications associated with ACE, such as stoma closure, bowel response issues, and minor leakage, along with strategies for prevention and resolution.

• **Customising Irrigation Schedules:** Learn to assist patients in developing a personalised irrigation routine based on individual bowel response, helping to optimise the results of the ACE procedure for improved quality of life.

• **Supporting Patient Independence:** Gain skills to educate and empower children and their caregivers to independently manage the ACE procedure, focusing on safe and effective home care and catheter use.

Who this day is suitable for:

Specialist stoma care nurses who care for individuals living with an ACE. We are running two identical Antegrade Continent Enema study days in 2025.

Dates:

Thursday 6th February 2025

Deadline to apply: Friday 10th January 2025

Thursday 2nd October 2025

Deadline to apply: Thursday 14th August 2025

"Well delivered by knowledgeable practitioners who have lots of experience in their speciality."

Feedback from March 2024 study day

How to apply: To register your place on any of our workshops or study days please email academy@salts.co.uk with your name, place of work, contact details and which study day or workshop you would like to attend.

2025 Study days and workshops by Salts Academy

We run multiple study days and workshops throughout the year with inspirational guest speakers and engaging content to support nurses in their clinical roles.

New for
2025

Advanced Paediatric study day

This study day equips specialist stoma care nurses with knowledge and skills for managing paediatric stoma patients. It covers essential areas, including understanding paediatric-specific pathologies, the unique characteristics of neonatal skin, and the application of evidence-based stoma care practices. Nurses will also learn to recognise and manage complications, including peristomal skin breakdown and post-stoma closure care. Additionally, the day will explore product selection tailored to the needs of paediatric patients and emphasises holistic care, ensuring both the child and their family receive comprehensive emotional and physical support throughout the stoma care journey.

Learning objectives:

- **Understand Paediatric-Specific Pathologies:** Gain a comprehensive understanding of the common pathologies and indications for stoma formation in neonates and children, recognising the differences from adult stoma care.
- **Explore Neonatal Skin Characteristics:** Learn the unique characteristics of neonatal and paediatric skin, and how these can impact stoma care, site marking, and appliance selection.
- **Master Complication Management:** Recognise, prevent and manage stoma complications, including peristomal skin breakdown, systemic complications, and post-stoma closure care.
- **Evidence-Based Stoma Care:** Apply evidence-based best practices in paediatric stoma care, using global guidelines and research to optimise clinical outcomes for children with stomas.
- **Product Selection and Usage:** Gain expertise in the appropriate use of paediatric stoma care products and accessories, tailoring care to the specific needs of neonates and children.
- **Holistic Patient and Family Care:** Understand the emotional, physical, and educational support required for both the child and their family, promoting holistic care throughout the stoma journey.

Who this day is suitable for:

Specialist stoma care nurses who care for babies and children intermittently to help update and refresh knowledge. Please note: we are running two Advanced Paediatric study days, presentations and information given is the same on both dates.

Dates:

Thursday 5th June 2025

Deadline to apply: Thursday 24th April 2025

Date: Wednesday 17th July 2025

Deadline to apply: Wednesday 29th May 2025

"The patient's story was inspirational!"

Feedback from July 2024 study day

Counselling Skills for Healthcare Professionals

CPD Workshop (Person-Centred Approach)

This 2-day workshop equips stoma nurses with essential counselling and communication skills based on the Person-Centred Approach. Through a mix of theory, practical exercises, and reflective practice, participants will develop the skills to engage in compassionate, empathetic, and effective patient care. Key areas include active listening, ethical decision-making, self-awareness, and strategies for managing challenging conversations. The workshop fosters deeper patient connections and builds emotional resilience, leading to improved care outcomes.

Who this day is suitable for:

Nurses working within the specialist sphere of stoma care.

Learning objectives:

- **Understand the Principles of Person-Centred Counselling:** Gain a solid understanding of the core values of person-centred counselling, including individuality, independence, and respect, and their relevance in stoma care.
- **Create a Non-Judgmental Environment:** Learn techniques to foster a supportive, non-judgmental space where patients feel comfortable exploring their experiences and emotions.
- **Utilise Empathy in Counselling:** Develop skills to empathetically understand patients' feelings, promoting openness and trust in counselling sessions.
- **Support Client-Led Conversations:** Encourage patients to guide their own counselling sessions, helping them take ownership of their emotional and physical journey with stoma care.
- **Apply Congruence in Practice:** Understand the importance of congruence, ensuring that your actions and behaviour as a stoma care professional align authentically with your feelings and professional role.

Dates:

26th and 27th March 2025

Deadline to apply: 29th January 2025

Motivational interviewing Training

Motivational interviewing focuses on exploring and resolving uncertainty and centres on motivational processes within the individual that facilitate change. It is often defined as a collaborative conversation to strengthen a person's own motivation for, and commitment to change. This 2-day workshop is designed to enhance your knowledge and improve your skills around Motivational Interviewing.

Who this day is suitable for:

Specialist Stoma care nurses working within the specialist sphere of stoma care. This 2-day workshop is designed to enhance your knowledge and improve your skills around Motivational Interviewing.

Learning objectives:

- **Define MI:** identifying the theoretical background, core principles and models used for this technique in stoma nursing.
- **Gain an insight into MI techniques:** Critically evaluate how the application of MI techniques assists the SSCN in their role.
- **Ostomy care:** Critically reviews, develops and applies principles of MI for the ostomate to actively support the individual with changes to their lifestyle following stoma formation.
- **Communication Skills:** Critically reflect upon the importance of being an engaging, attentive, active and reflective listener to assist the ostomate on their life's journey.

Dates:

9th and 10th September 2025

Deadline to apply: 25th July 2025

How to apply: To register your place on any of our workshops or study days please email academy@salts.co.uk with your name, place of work, contact details and which study day or workshop to would like to attend.

Meet the Education Team



Angie Perrin RGN, MSc, QN, BSc Hons, Dip N (Lond), ENB 216, ENB 931, Clinical Education Lead

I have over 30 years' stoma care nursing experience and am responsible for the strategy and course content at the Salts Academy.

From 2002, I was the stoma and colorectal lead nurse at the Oxford University Hospitals NHS Trust where I developed one of the first nurse-led ileo-anal pouch clinics in the UK.

I have written extensively in numerous nursing journals and most recently co-edited *Stoma Care Specialist Nursing, A Guide for Clinical Practice*, published in January 2023.

I am UK Vice Chairperson for the Association of Stoma Care Nurses (ASCN), and in 2024 was delighted to be awarded the title of Queen's Nurse.

Outside of work I love yoga sessions, which offer me the opportunity to relax and unwind. I also have a miniature dachshund, who despite his size keeps me fit by walking several miles every day. I also enjoy travelling the UK watching my daughter play netball.



Ben Rennison RGN, BSc (Hons), Clinical Education Nurse Specialist

I have nine years experience in stoma care, and I'm thrilled to dive into a fresh adventure as a clinical education nurse specialist at the Salts Academy.

I delved into surgical nursing at Manchester University. After a whirlwind tour in areas like vascular, trauma, and infectious diseases, I fine-tuned my skills alongside a stoma specialist, earning my stoma stripes at the Salts Academy.

I then worked as a stoma nurse for seven years with Salts at Bradford Teaching Hospitals, collaborating with colorectal cancer specialists.

My mission? Sharing the wealth of knowledge I've gathered over the years in a lively and engaging way. We all learn differently, and I'm determined to unlock the learning potential in everyone.

When I'm not knee-deep in stoma adventures, you'll find me embarking on epic hikes with my partner and our furry sidekick, Willow.



Louise Harding Education Coordinator

I joined Salts Healthcare in 2014, as the administration assistant for our nurse team. After returning from maternity leave in 2020, became the Education Co-ordinator. I'm the key contact for all delegates and speakers, covering everything from answering questions on student fees to programme timings.

I thoroughly enjoy the variety of my role, meeting nurses from various backgrounds and helping them to further their education and then continue on to

use their new knowledge to provide the care that their patients need.

When I'm not working, I love spending time with family. My five year old keeps me busy most weekends, he loves nothing more than an afternoon of crafting, making rocket ships, boats and cars out of anything he can find around the house - nothing is safe!

Get in touch

Please email academy@salts.co.uk to discuss your needs and aspirations. We can advise on the course content or direct you to suitable study days, we are here to support you in your academic and professional journey.

Salts Academy

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